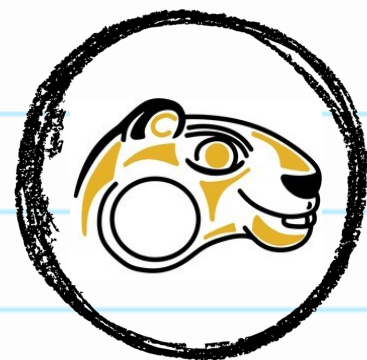


December | 2022



Principals Message....

It's hard to believe that December is already upon us. We have many special events and activities planned including our upcoming Concert. Thanks to everyone who was able to attend our recent Family Literacy Night. We had a fabulous turnout and we were thrilled to see our families in the school, learning and having fun. Special thanks to our Parent Council for allowing us to use the Alberta Education Parent Engagement Grant so our teachers could prepare take home packages for their families. Also thank you to Parent Council for providing and serving Hot Chocolate and TimBits!

With the cold weather I would like to remind everyone that playing and learning outside is a huge part of our school day. We want our students to have as much fresh air as possible, so please make sure they are dressed for the weather. Our kiddos love to play in the snow! Please remember to contact Jen Robinson (Student Support Worker) at the school if you need assistance with winter clothing.

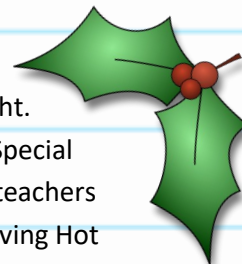
Our Breakfast Program is going great and we are feeding many students daily. We raised \$285.00 from our Family Picture Photo Booth last week. If you are interested in donating either food or money towards this important program, please give us a call at the school. Tax receipts are available and students with full tummies can learn better!

Report Cards have been released online so please remember to take the time to see how your students are doing. If you have difficulties accessing the report card online, please let us know and we can help.

Please review the school calendar as December is a busy month. We have included the [Lethbridge School Division Diversity Newsletter](#) which provides information on many of the celebrations taking place this month. I hope you are able to enjoy this holiday season with good health surrounded by family and friends.

All the best,

Dawn Walmsley, Principal



NICHOLAS SHERAN BREAKFAST PROGRAM

There is now a breakfast program available for all students from 8:30-8:40am Monday through Friday in our Community Room (door is open by our main front door).

We are need of parent volunteers to help with this. If you are able to volunteer some time, please contact Amanda by text at 403-915-0037 or email at amandaadnittking@gmail.com.

We are also accepting donations to provide more to this program! Tax receipts will be issued to all donations over \$25. Donations can be made by cheque to the school or on [SchoolCash Online](#).

Thank you to everyone that has already donated!

Thank you so much to everyone that is supporting the NS Breakfast Club!
A huge shoutout to the following people/companies for their generous donations!

Mr. Ryan Smith Altis MSP
Mr. Bryce Barry



Check out our website <http://ns.lethsd.ab.ca>, Twitter @nikkisheran & Facebook page - Nicholas Sheran Elementary School to get the latest information!!



December Wellness

As we near the end of 2022, let's take a moment to reflect on the year. It is important to think back and consider the many things that have occurred in our lives – good and not so good. This gives us the opportunity to set goals and work towards things we may want to change as well as feel the joy of all the amazing things that we have accomplished and achieved.



Although it is easy to feel overwhelmed and be incredibly busy over the month of December, please remember to take some quality time for yourself and your families. Your child(ren) want to be connected to you and their loved ones. It doesn't have to cost money or be difficult to connect. Head outside for a winter walk, noticing what animals are around and what sounds you hear. How about doing some baking together? Decorate those cookies with sprinkles and share them with your friends and families. Children love to make things with their special people. Get out the craft supplies and let your imagination run wild. An afternoon of board games is sure to bring smiles and laughter into your household. Give the gift of your time this holiday season. Remember to celebrate all that you have this holiday season!!

Wishing you all the best!

Jen Robinson, Student Support Worker

(403)381-1244 jennifer.robinson@lethsd.ab.ca



Council Corner...

Parent Council Minutes are posted on the [school website](http://school.lethsd.ab.ca). For any items you want brought up with the NS Parent Council, please e-mail our Chair, Tisha Elford at stelford2006@gmail.com.

Everyone is welcome to join the NS Parent Council meetings. The next meeting will be held in the Staff Room on Wednesday, January 18th, 2023

@6:30pm. Special SHOUT OUT to Alexander, Sapriken & Waldron Accounting Inc. for donating \$200 to go towards the Winter Concert Christmas cookies and to Mrs. Robyn James for donating the packaging!

Report Cards...Kindergarten to Grade 5 Report Cards

are now available through the Parent Portal at <https://ps.lethsd.ab.ca/public/home.html>. If you are a new family to NS and require log in info or if you need help resetting your account, please email sheran@lethsd.ab.ca and we will do our best to assist you asap. Please take some time to review the report cards as teachers put a lot of time and attention into creating them for you.



Head Lice Information

Please view Policy 504.1 regarding Managing Health Issues in Schools and Exhibit 504.1.A which has Head Lice Counselling Guidelines:

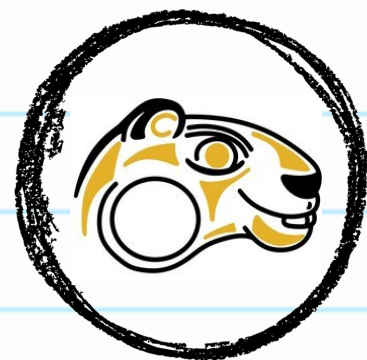
<http://www.lethsd.ab.ca/download/187417>

<https://www.lethsd.ab.ca/download/187429>

Check out our website <http://ns.lethsd.ab.ca>, Twitter @nikkisheran & Facebook page - Nicholas Sheran Elementary School to get the latest information!!

NICHOLAS SHERAN NEWS

December | 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 M/W & AM Kindergarten	3 LFB Mobile Support @ Westside Community Church after 4pm
4	5	6	7 Values Assembly on Responsibility - Jr. Choir, Sr. Choir & Handbells Performances LFB Mobile Support @ YMCA after 4pm	8 Kernels Popcorn Orders Distributed	9 T/Th Kindergarten LFB Mobile Support @ Lethbridge College after 4pm	10
11	12 LFB Mobile Support @ Lethbridge Senior Citizens Org. after 4pm	13	14 Last Names A-K Winter Concert @1:15pm & 6:30pm	15 Last Names L-Z Winter Concert @1:15pm & 6:30pm Last Day for Sock It To 'Em Sock Collections	16 M/W & AM Kindergarten Last Day for Angel Tree Donations	17
18 	19	20 LFB Mobile Support @ Seventh-Day Adventist after 4pm	21	22 Grade 5 Skating 2:30-3:30	23 Dress in Red & Green Day! T/Th Kindergarten	24 Winter Break Starts Today!
25	26	27	28	29	30	31
<p>Winter Break ~ School Resumes on Monday, January 9th, 2023</p>						

Check out our website <http://ns.lethsd.ab.ca>, Twitter @nikkisheran & Facebook page - Nicholas Sheran Elementary School to get the latest information!!

Lights, Bites, and Christmas Delights!

MUSICAL PERFORMANCES BY ALL CLASSES
(KINDERGARTEN TO GRADE 5) IN THE
NICHOLAS SHERAN GYM!

STUDENTS WITH LAST NAMES A-K
PERFORMING ON
DEC 14TH @ 1:15 PM & 6:30 PM.

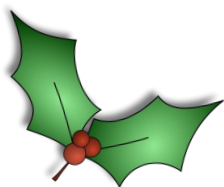
STUDENTS WITH LAST NAMES L-Z
PERFORMING ON
DEC 15TH @ 1:15 PM & 6:30 PM.



All Grade 1 to 5 students with last names starting with A through K will perform at 1:15pm & 6:30pm on Wednesday, December 14 & students with last names starting with L through Z will perform at 1:15pm & 6:30pm on Thursday, December 15.

ALL AM Kindergarten students are welcome to return for the 1:15pm performance on the 14 and then students with last names starting A through K perform at 6:30pm on Wednesday, December 14 & students with last names starting with L through Z will perform at 6:30pm on Thursday, December 15.

Full Day Kindergarten students will be performing on their usual Wednesday or Thursday for the matinee performances but then join the evening performances based on the first letter of their last name.



December

**LETHBRIDGE
FOOD BANK**
FEED THE NEED



Mobile Food Support



Westside Community Church
(480 McMaster Blvd W)
December 3rd from 4pm



YMCA
(140-74 Mauretania Rd W, North Entrance)
December 7th from 4pm



Lethbridge College
(3000 College Drive S)
December 9th from 4pm

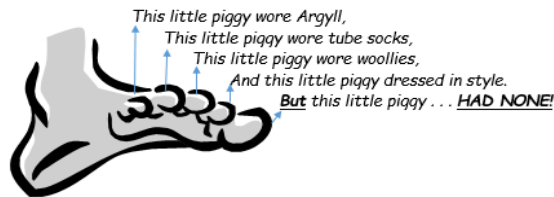


Lethbridge Senior Citizens Organization
(500 11th St. S)
December 12th from 5pm



Seventh-day Adventist
(2606 16th Ave S)
December 20 20th from 4pm

Check out our website <http://ns.lethsd.ab.ca>, Twitter @nikkisheran & Facebook page - Nicholas Sheran Elementary School to get the latest information!!



It's time for 22nd ANNUAL OPERATION: SOCK IT TO 'EM

From November 1 to December 15, 2022

Nord-Bridge Seniors Centre, the Caretakers & Maintenance staff in Lethbridge & Area schools are collecting **NEW SOCKS** to be donated to local charities and those less Fortunate for Christmas.

Please join them and make Someone's Christmas a little bit warmer!

To donate, contact any Custodial staff at your local school.

QUESTIONS?

Call Gail Petrie (403) 327-6520
 Charlene Kocken (403) 329-3222

-Nord-Bridge Seniors Centre
 -Lethbridge School District #51
 -Holy Spirit School
 -Palliser Regional School



Happy Holidays

Encourage a pregnant woman to be alcohol-free this holiday season

There is no safe time, amount or kind of alcohol for pregnant women...

It is safest to NOT drink alcohol during pregnancy

For more information on Fetal Alcohol Spectrum Disorder (FASD), and available services, go to www.safasd.ca



**SOUTH
 ALBERTA
 FASD
 NETWORK**

Check out our website <http://ns.lethsd.ab.ca>, Twitter @nikkisheran & Facebook page - Nicholas Sheran Elementary School to get the latest information!!



Play for Success... *It is all fun and games!*

Dr. Robbin Gibb will be teaching on how strong relationships and playful activities support learning and set children up for success.

Monday, Dec. 5, 2022

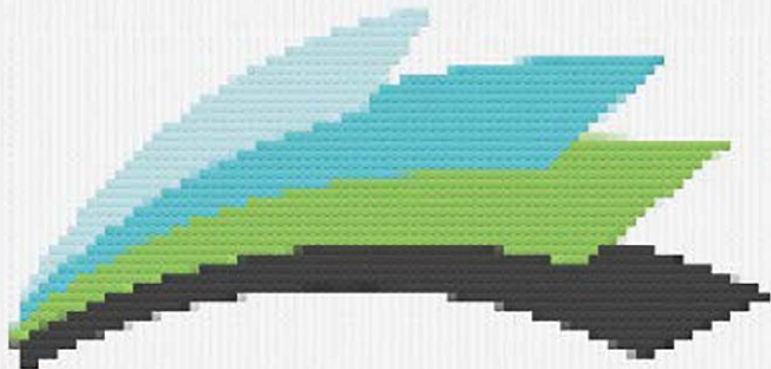
6:00PM - 7:30PM

Lethbridge Public Library
Main Branch, 810 5 Ave South

REGISTER HERE:

buildingbrains.ca/training-event





LETHBRIDGE SCHOOL DIVISION LEGO CHALLENGE

A MARVELOUS FEAT OF ENGINEERING

Using only Lego, skillfully put together a Lego object that displays design and engineering. The build can use engines, machines, and structures to create a unique object that shows what you can do with Lego. It may be something as simple as building a house or creating a working robot. The ideas and possibilities are endless!

- ★ Best School Submission
- ★ Best Classroom Submission
- ★ Best Grade K-2 Submission
- ★ Best Grade 3-5 Submission
- ★ Best Middle School Submission
- ★ Best High School Submission
- ★ Engineering Award (Multiple)
- ★ Creativity Award (Multiple)



ALL SUBMISSIONS DUE FEB 28

Scan the QR code
or visit
www.lethsd.ab.ca
to learn more





Sunday October 30th
6 p.m. Start Time
Servus Sports Centre

COME AND TRY LACROSSE

Canada's National Summer Sport

Improve your agility, diversify your sport experience,
develop hand-eye coordination & team work

Make new friendships and have FUN !

Ages 5 to 12! From 6 pm until 7 pm.

No Cost Event !

Helmet with FULL face mask required

Running shoes recommended, Sticks will be provided

To register, please email:
TryLax@LethbridgeLacrosse.com





SWIM SESSIONS

STARTS

Jan 16, 2023

AT

Fritz Sick Pool

Our club offers swimmers an opportunity to swim at a variety of levels:
from competitive, to swimming as cross training or a life skill.

SPARTANSAQUATICSClub.COM

AGES 6+

DATES

Winter session starts Jan 16,
running for 13 weeks.

FLEXIBLE

Swimmers can choose a
variety of times and days of
the week that work for them.

SKILL LEVEL

Our beginner group is for kids
who can swim a minimum of
one pool length.

COST

The winter session fees start
as low as \$260.

ADULTS

A Masters program for adults
is also available.