

Principals Message....

February is here and it sounds like it's bringing along some colder weather! Please remember to send your child dressed to school with their winter gear. We take our students outside each day for learning and fresh air. Mrs. Smith has created some fun resources for playing in the snow and we have Winter Walk Day on Wednesday, and the students will be using snowshoes in gym this month!

Our Breakfast Program is going great, and we continue to receive financial donations which are so appreciated. We have already gone over our original budget for the year, and we are feeding up to 90 students each day. If you know your children are using this program and you can donate dry goods, we would appreciate it! We are looking for boxes of granola bars, oatmeal, pancake mix, and anything not perishable. We will continue to provide fresh fruit, yogurt and cheese using the donations we have received. We are hopeful to be able to continue this throughout the year! Thank you for your support with this much needed program.

We have lots of fun events coming up for our students this month so please keep your eye on your email and our website for updates. If you have any questions, please feel free to contact me at the school!

Take care,
Dawn Walmsley, Principal



Thank you so much to everyone that is supporting the NS Breakfast Club!

A huge shoutout to the following people/companies for their generous donations!



The Khan Family

Mrs. Janice Jackson

Chinook Counselling Centre



NICHOLAS SHERAN BREAKFAST PROGRAM

There is now a breakfast program available for all students from 8:30-8:40am Monday through Friday in our Community Room (door is open by our main front door).

We are need of parent volunteers to help with this. If you are able to volunteer some time, please contact Amanda by text at 403-915-0037 or email at amandaadnitting@gmail.com.

We are also accepting donations to provide more to this program! Tax receipts will be issued to all donations over \$25.

Donations can be made by cheque to the school or on [SchoolCash Online](#). Thank you to everyone that has already donated! And a huge SHOUT OUT to Cobs Bread for donating bread to the program every week!

Check out our website <http://ns.lethsd.ab.ca>, Twitter @nikkisheran & Facebook page - Nicholas Sheran Elementary School to get the latest information!!



Council Corner...

Parent Council Minutes are posted on the [school website](#). For any items you want brought up with the NS Parent Council, please e-mail our Chair, Tisha Elford at stelford2006@gmail.com. All parents/guardians are welcome to join the NS Parent Council meetings. The next meeting will be held in the Staff Room on Wednesday, February 15th, 2023 @6:30pm.

Parent Council will be selling candygrams for \$2 each starting tomorrow (February 2nd) until Thursday, February 9th to be distributed on Monday, February 13th in honour of Kindness/Friendship Week! Cash will be accepted in the office to purchase a candygram tag which the students can fill out from them or leave blank (as a donation to a student that may not get one). Candygrams will be put together over Friday/Saturday and distributed on February 13th.

Friendship Candygram	
To: _____	
Homeroom: _____	
From: _____	

We are having some issues with parents parking in "No Parking" zones before and after school. It is very important that you cooperate with us as we have had several near-misses this year and want our students to be safe. Please only park in the Visitor Parking by the front park, the Visitor Parking past the Staff Parking by the creek, Laval Blvd before or after the School Bus Parking Zones, or on Columbia Blvd and have your child(ren) walk across the



park. We need the "No Parking" spaces open in case of emergencies as well as loading/unloading our Nikki's Den students in/out of their transportation. Please do NOT park in Staff Parking - students should not be crossing through the parking lots as it is a safety concern. Also, please do NOT park in the Accessible parking spots unless you have a permit, placard and someone with a disability getting into or out of your vehicle. We have limited spots and they are all needed at this time by students/parents that qualify. Please contact the office if you have any concerns.

GRADE 5 BASKETBALL

The league will run Tuesdays and Thursdays after school and will end between 4:45pm & 5pm each time. The schedules have been sent home. Some games will take place at Nicholas Sheran and some at other elementary schools. Parent drivers will be required to get the students to the away games. **All parents are responsible for picking up their own child after each game.** Practices will take place during Friday Enrichment time. Games will be February 2, 7 & 9. Tournament will be held on Friday, February 10.

The teams were made at the beginning of January and any new players will not be accepted.

Lethbridge Family Services Angel Tree Christmas Campaign Stewardship Report



Check out our website <http://ns.lethsd.ab.ca>, Twitter @nikkisheran & Facebook page - Nicholas Sheran Elementary School to get the latest information!!

February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Winter Walk Day! Kindergarten Skating 9:00AM Gr 3 Skating 2:30PM 	2 Sr Choir 8:00AM Gr 5 Basketball 4:15PM Candygram Sales START	3 M/W & AM Kindergarten	4
5	6 Candygrams For Sale until THURSDAY! 	7 Jr Choir 8:00AM Kindergarten Skating 1:30PM Gr 5 Basketball 4:15PM Town Hall Meeting 6:30PM	8 Values Assembly 9:00AM Sports Dress Up Day Kindergarten Skating 9:00AM Gr 3 Skating 2:30PM	9 Sr Choir 8:00AM Gr 5 Basketball 4:15PM Last Day for Candygram Sales	10 T/Th Kindergarten Gr 5 Basketball Tournament @Coalbanks Elementary 	11
12	13 Candygrams Distribution Day! Kindness Week 	14  Valentine's Day! Jr Choir 8:00AM Kindergarten Skating 1:30PM	15  Pink Shirt Day! Kindergarten Skating 9:00PM	16 Sr Choir 8:00AM Gr 5 Skating 2:30PM	17 M/W & AM Kindergarten Kernels Popcorn Orders OPEN on SCO	18
19	20 No School—Family Day break!	21 No School—Family Day break!	22 No School—Family Day break!	23 No School—Teacher's Convention	24 No School—Teacher's Convention	25
26 Kernels Popcorn Orders CLOSE at 10pm on SCO - To be distributed on March 7	27 2023/24 Student Registrations START - Due March 10	28 Jr Choir 8:00AM				

Sports Dress Up Day

Wednesday, February 8th



Dress up in your favourite sports gear or wear your favourite team jersey!

This fun day was organized by the Div 1 Leadership Group!



ROLLER HOCKEY LETHBRIDGE

**ALL
THRILL
NO
CHILL**



Want to get into hockey for the first time or develop your hockey skills?

Want to try 4-on-4 non-checking hockey on inline skates?

2023 Season begins end of April and goes through June

Ages 7 to Adult!

www.rollerhockeylethbridge.ca for more information and registration link!



LMBA will be hosting tryouts for our Express Basketball Club teams

AGE	TRYOUT DATES	LOCATION
U11 Boys (2012 or later)	March 4 (12:00 – 1:30)	U of L
U11 Girls (2012 or later)	March 4 (2:00 – 3:30)	U of L
U13 Boys (2010 or later)	March 4 (4:00 – 5:30)	U of L
U13 Girls (2010 or later)	March 4 (6:00 – 7:30)	U of L
U15 Boys (2008 or later)	Feb 28/Mar 2 (7:00 – 9:00)	Dr. Robert Plaxton School
U15 Girls (2008 or later)	Feb 27/Mar 1 (7:00 – 9:00)	Dr. Robert Plaxton School
U16 Boys (2007 or later)	Feb 15/16 (7:00 – 9:00)	Dr. Robert Plaxton School

****Tryout Fees** \$20**

Players are expected to attend all tryout dates associated with their age group.

**FOR MORE INFORMATION ABOUT CLUB SEASON AND TO REGISTER FOR TRYOUTS PLEASE GO
OUR WEBSITE AT**

WWW.LETHBRIDGEBASKETBALL.CA

Registration will be open starting February 1

The Outdoor 2023 Soccer Season is just

★ around the corner! ★

Registration opens online February 1, 2023



Stay tuned for details.....

www.lethbridgesoccer.com



**LETHBRIDGE
LITTLE LEAGUE**

**HOUSE LEAGUE BASEBALL REGISTRATION
JANUARY 9TH TO MARCH 3RD**

REGISTER NOW AT: WWW.LETHBRIDGELITTLELEAGUE.COM

February Indigenous Newsletter Info

February

Piitaiki'soom - Eagle Moon

Sawómmitsiki'somm - Deceiving Moon



Save the Date... 

February 7th: Town Hall @ VP 6:30pm

February 10th: Last day for kitsikakomimm donations

February 14th: Women's Memorial March

February 14th- 18th: Women's memorial Art Walk @ Coalbanks Trail

February 15th: Pink Shirt Day

February 17th: Random Acts of Kindness Day

February 20th-24th: Reading Week/Teachers' Convention

February 25th and 26th: International Peace Powwow @ The Enmax



Exhibits at CASA



Hali Heavy Shield – Postcards from the Rez

Exhibition Opening January 28, 7pm – 9pm Hali Heavy Shield – Postcards from the Rez. Nato'yikind'soyi. Hali Light that Shines Bright/ Hali Heavy Shield is a multidisciplinary artist and educator from the Blood Tribe (Kainai) of southern Alberta. Hali's work is influenced by experiences in her home community, including Blackfoot stories, significant sites, family, [...]

SERIES: Gallery Exhibition

DATE: January 28, 2023 - March 25, 2023



John Chief Calf – Past, Present, and Friendship




Exhibition Opening January 28, 7pm – 9pm John Chief Calf – Past, Present, and Friendship. Apoyosowa. Fair Brown Chief Calf was my adopted Grandfather. He had a profound influence on me as a child. I remember he would take for walks and I would help him pick his herbal medicine. I understood as a [...]

SERIES: Gallery Exhibition

DATE: January 28, 2023 - March 25, 2023

LOCATION: Casa - Concourse Gallery

Indigenous cooking classes



All My Relations Indigenous Youth Cooking Program

This is a great opportunity for youth to cook many different recipes, including traditional recipes, learn from Elders, discover how nutrition is important for the mind, body, heart, and spirit and learn new skills in the kitchen.

7 sessions: Every Thursday from
February 16 - March 30, 2023
4:15pm-6:15pm

Each session provides:

- A recipe and all ingredients (plus extra to take home to your family)
- Information on nutrition
- Information on kitchen and food safety

Cooking classes create connections and help bring a sense of well-being to everyone!

For more information or to register please contact
Janine Jackson 403.320.4232 ext 215
or janine.jackson@famcentre.ca

Family Centre
Suite 225, 210-4 Ave S,
Lethbridge, AB T1J 4C9
403-320-4232
Website: www.famcentre.ca

Facebook: [lethbridgefamilycentre](https://www.facebook.com/lethbridgefamilycentre)
Instagram: [familycentreyleth](https://www.instagram.com/familycentreyleth)
LinkedIn: [family-centre-society-of-southern-alberta](https://www.linkedin.com/company/family-centre-society-of-southern-alberta)
Helpusall: Family Centre

Women's memorial art walk



Women's Memorial March Lethbridge

January 28 at 11:30 AM · 

Last day to submit for display February 7, 2023, noon. (Artwork submitted after deadline will be displayed in 2024).

If you would like to contribute to the Artboard, please email admin@allethbridge.com.

Art will be printed on chloroplast signs Dimensions: Height 32" X Width 24" The chloroplast sign will then be attached with screws into 32" X 24" A frame signs.



TUE, FEB 14 AT 1 PM

2023 Women's Memorial March Artboard Walk Feb. 14 - March 18
Nature Reserve Park - Coalbanks Trail Nature Centre Parking Lot Start
49.599549, -112.860305...

