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Nicholas Sheran News

March 2024

Principal's Message

I want to start this Principal's Message with a huge THANK YOU! Thank you for the outstanding school engagement this past month. From our Book Fair to Family Literacy Night, and from Candy Grams to reading our Newsletter, we appreciate all the ways that our parents and guardians stay engaged in our school. We will have our Celebration of Learning and our term two report cards going 'live' this month, and we would love to continue the parent and guardian engagement with those two events. Please celebrate your student(s) and their learning about our Celebration of Learning. Please engage with PowerSchool to see the report cards that teachers work so hard to prepare. We appreciate all the ways that you engage.

I hope you agree that it is important to highlight the incredible support staff we have in our school. From our Educational Assistants to our Office Admin Staff to our Caretaking Team, it truly takes a caring and compassionate 'village' to support our students each day at Nicholas Sheran. We appreciate the motivated, enthusiastic, and determined mindset that our support staff bring to our school each day. We would be so lost without each one of them!

March will be another busy month at our school, especially for our Music Program! Both choirs are performing at a Soup Kitchen benefit concert on March 6. Just the Senior Choir is signing 'O Canada' at the Lethbridge Hurricanes game on March 13, and all our choir and handbell students perform at the Lethbridge Music Festival between March 20 and 22. The Junior and Senior choirs are planning to perform at Age Care Columbia for the residents on March 28, which is also the day scheduled for their wrap-up party for an exceptional year. Thank you to Mr. Sheedy, Mrs. Britton, and our incredible parent and staff volunteers who make our Music Program special each year. We appreciate you!

As always, please reach out with your questions and ideas!

Take care, Aaron Fitchett, Principal



February Wellness

March is National Nutrition Month. This is a great time to think about what we have been eating at home and what we send with our children for school lunches. It can be difficult to always eat healthy meals but we can likely all increase the



amount of healthy foods in our meals. They recommend that half of our plates consist of fruit and veggies. It might be a good time to try out some different kinds! Look up a new recipe with your child. Maybe even have them help you make it. The other thing to consider is what you are drinking on a regular basis. Many sodas and juices have a lot of added sugar. Drinking water is a great choice. Try adding some fruit to your water for some added flavor. Even little steps towards healthier eating habits can make a big difference.

Jennifer Robinson, Student Support Worker

Term 2 Report Cards



Kindergarten to Grade 5 Report Cards will be OPEN on Friday, March 8th at 9am on the Parent Portal at https://ps.lethsd.ab.ca/public/home.html. If you are a new family to NS and require log in

info or if you need help resetting your account, please email sheran@lethsd.ab.ca and we will do our best to assist you asap. Please take some time to review the report cards as teachers put a lot of time and attention into creating them for you.

Parent Teacher Conferences

Second round of PT Conferences are by request only. Teachers will be available to book Parent Teacher Conferences on Thursday, March 14th between 2 and 4:30pm (Early Dismissal at 12:35pm). Please contact your child's teacher if you would like to request an interview.

Celebration of Learning

All families are invited to the Celebration of Learning from 5:30-7:30pm at the school on Thursday,

March 14th!



Council Corner

School Council offers an opportunity for parents to get involved in your child's education by volunteering in a school-wide activity or helping out in the classroom. Your involvement will help to ensure the best possible school experience for your child (ren). Meetings are held on the third Tuesday of every month. The next meeting will be held on Tuesday, March 19th at 6:30pm in the NS Community

Please feel free to join as all are welcome!

Room.

We also have a new Facebook page! Follow us on FB @Nicholas Sheran Parent Council





Lethbridge School Division

Multi-Cultural and Diversity Newsletter

& <u>Indigenous Education Newsletter</u>

A friendly message from your Indigenous Education Team!
There is new aakaipookaiksi (many children) swag items available on

https://lethbridge.schoolcashonline.com/Fee/Details/44879/38/False/True

school cash online!

T-shirts, Hoodies, Sweatshirts, and Toques!



2024/25 Kindergarten Registration Info

Kindergarten for the 2024/25 school year is now OPEN!

Please note, students must be five years old as of December 31, 2024 to register for Kindergarten (born in 2019).

Lethbridge School Division prides itself on offering Kindergarten programs with an early-intervention and child-centered focus.

Nicholas Sheran Elementary School will determine its programming based on the students numbers and class preference choices once registration forms start coming in.

Please encourage families with Kindergarten aged children to register soon!

REGISTRATION LINK:

https://lethsd.schoolengage.ca/#/login



2024/25 Grade 1 - 5 Registrations will occur after Easter. 2024/25 Grade 6 Registrations occur after that.

NS Breakfast Program

Our school is the recipient of important funding for a school nutrition program. This funding, along with the support of families, community agencies and partnerships, allows us to run a breakfast program, snack program, and supplemental lunch program.

Our breakfast program will operate five days/week and students will be able to choose from a variety of prepared and ready to serve items. Our goal is to provide a low-barrier, and high-access nutritious start to our students' academic day! Any student may access breakfast or other food as needed throughout the day, and our thanks are extended to the Alberta School Nutrition grant alongside individual donations and community partners.

If you have any questions, please reach out!

We are always accepting donations (nut free food products, cash/cheques/online donations).



MARCH 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					AM & M/W Kinder	2
3	4 Gr 4 Handbells @8am Gotgilf Swimming @1:30pm	5 Gr 5 Handbells @8am	6 Jr Choir @8am Jr & Sr Choirs Sing for the Soup Kitchen @6:30pm	7 Sr Choir @8am Grade 5s Field Trip to the Yates @11:30am	8 T/Th Kinder Report Cards OPEN on the Parent Portal	9
10	11 Gr 4 Handbells @8am	12 Gr 5 Handbells @8am Edo Orders DUE by 8am on SCO PROJECT FAIR Parents welcome from 1-3:15pm Awards @3:15pm	Jr Choir @8am Sr Choir Sings O Canada at the Hurricanes Game @6:50pm	Sr Choir @8am Early Dismissal at 12:35pm PTI by Request from 2-4:30pm Celebration of Learning from 5:30-7:30pm	NO SCHOOL Staff PL	16
St. Patrick's Day	No EEP Gr 4 Handbells @8am	19 Gr 5 Handbells @8am Parent Council Mtg @6:30pm	Jr Choir @8am Sr Choir Performs at the Music Festival @11:15am Firth Swimming @2pm	Sr Choir @8am Gr 4 Handbells Perform at the Music Festival @1pm Gr 5 Handbells Perform at the Music Festival @1:30pm	M/W Kinder Jr Choir Performs at the Music Festival @ 10am	23
24	25 Gr 4 Handbells @8am	26 Gr 5 Handbells @8am Edo Hot Lunch Day!	27 Jr Choir @8am Spring Picture Day!	Sr Choir @8am Handbells/Choirs Perform at Age Care Columbia @10am Handbells/Choirs Pizza Party @12:15pm	NO SCHOOL Good Friday	30
31	NO SCHOOL from March 29 - April 8 for Spring Break School Resumes Tuesday, April 9th (Green Shirt Day)					

How does FREE sound?

Dear Roller Hockey Lethbridge Families,

We're thrilled to share some fantastic news that adds even more excitement to our upcoming roller hockey season. We're all about making hockey accessible, enjoyable, and rewarding for our youth and their supportive families. This season, we're rolling out two incredible offers that will make a big difference in how we experience the game together!



Goalies Play Free!

Yes, you read that right! In our ongoing effort to support and develop the skills of our young athletes, we're making the goalie position absolutely FREE for the season. This is a golden opportunity for any young enthusiast who's been dreaming of guarding the net or for those who have already been mastering their goalie skills.

- •For New and Aspiring Goalies: If your child has a passion for playing as a goalie or is curious to try it out, now is the perfect time! Commit to playing goalie for the season, and the registration fee is on us.
- •For Parents of Future Goalkeeping Stars: If you've already registered your child and they're planning to play as a goalie, no worries! Simply reach out to us, and we'll make the necessary arrangements to ensure your child's season is absolutely free.

Coach with Us, Your Kid Plays Free!

We believe in the power of community and the incredible impact of coaching. To show our appreciation for the dedication of parents and guardians who step up to coach, we're offering a special incentive: Coach a team for the season, and your child plays for free!

•One Season Registration Discount per Team Coached: If you're ready to lead, inspire, and have a blast alongside our young athletes, this offer is for you. At the end of a fulfilling season, your registration fees will be fully reimbursed.

This is our way of saying thank you to the amazing individuals who contribute their time, skills, and passion to make each season memorable and fun for our youth. It's a win-win: your child enjoys a fantastic season of roller hockey, and you get to be a pivotal part of their team's journey.

Let's Make This Season Unforgettable!

These offers are all about providing more opportunities for our kids to play, learn, and grow in the sport they love. We're excited to see new faces in goalie gear and welcome enthusiastic coaches to our roller hockey family. Let's work together to make this season one for the books – filled with fun, growth, and lots of free hockey!

To take advantage of these offers or if you have any questions, please don't hesitate to contact us at <u>in-fo@rollerhockeylethbridge.ca</u>. We're here to help and ensure everyone gets the chance to be part of something special this season.

Thank you for being a part of Roller Hockey Lethbridge. Let's hit the rink with enthusiasm and make the most of these incredible opportunities!

Warmest regards,

The Roller Hockey Lethbridge Team https://www.rollerhockeylethbridge.ca/rollerhockeylethbridge/2023YouthSeason

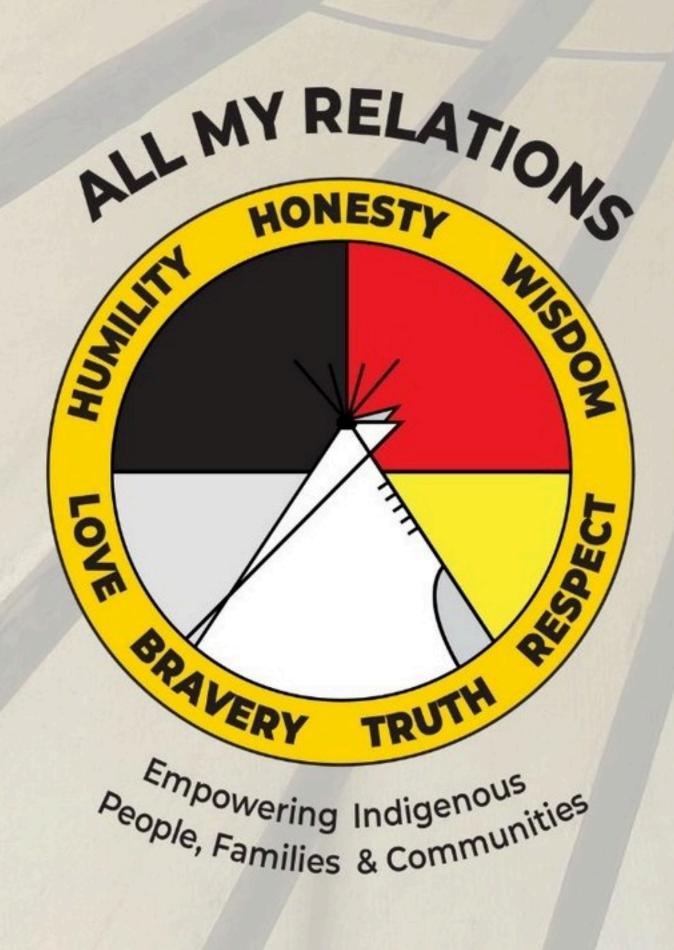


All My Relations Family Program

Wednesday March 6 - May 22, 2024 5:00pm-8:00pm

All First Nations, Invit & Metis families are welcome to join and participate.





Program delivered by Indigenous Facilitators and Blackfoot Elders and includes:

- supper
- incentives
- children's play program using the 7 sacred teachings
- adult program discussions include parentchild attachment, couple relationships, four generations and finding cultural connections in community

Enjoy a sense of belonging and identity while building confidence in raising a healthy family.

For more information or to register
Please contact: Indigenous Program facilitators
(587)220-9277

Family Centre Suite 225, 200 - 4 Ave. S. Lethbridge, AB

Website: www.famcentre.ca

Facebook: elethbridgefamilycentre

Instagram: efamilycentreyql

LinkedIn: @Family Centre Society of Southern Alberta