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SPREAD KINDNESS

Nicholas Sheran News

May 2024

Principal's Message

Dear Families of Nicholas Sheran,

Welcome to a new month, and the countdown to more spring-like weather. I know that our students, teachers, and support staff are really excited about more opportunities to be learning on the land and enjoying the beauty of the park around us. Thank you to the parents and community members who joined us last week for our School Travel Plan Walkabout with representatives from the City of Lethbridge, the AMA, Alberta Health Services, local business owners, school staff, and of course families. We appreciate your time and dedication to this process. Our last School Travel Plan meeting will be 5:30–6:30pm on Tuesday, May 21 in the Community Room; the hour before our School Council Meeting. Please join us if you can!



Our school is looking ahead to the 2024/2025 school year, and we are working on our staffing profile as well as teacher and support staff hiring for the future. Thank you so much to all of our families for completing their student registration early. If you require any support with this, please call the school office at 403-381-1244, or send an email to Mrs. Jeanine Miklos. You could even stop by the office to see us! We encourage you to register so that we have accurate information for the fall. Best of luck to our Grade 5 students as they start their transitions to middle school this month. We know they will represent our school and our values as they meet their new school staff and administrators through all the special events and transition opportunities that are planned.

If you have any questions, please reach out to me or Mr. Steve Woodcock, Vice Principal. We are always happy to help. Happy, May!

-Aaron Fitchett, Principal



Lethbridge School Division

Multi-Cultural and Diversity Newsletter

& Indigenous Education Newsletter



May Wellness

This year's Mental Health Awareness Week runs from May 6-12. The theme is the healing power of compassion which is also one of our Nicholas Sheran values!!

Compassion is the strong emotion that moves us to do something to help ease the suffering of others. One of the amazing things about being compassionate is that studies show it feels as good to give compassion as it does to receive it. Another aspect which is important to think about is self-compassion. This is treating ourselves with the same kindness, care and concern that we would offer to a close friend. May is a great month for us all to work on our compassion skills.

Our staff and students will be focusing on compassion this month. Along with some other activities, we encourage all students and staff to wear a hat on Wednesday May 8th for Hats On! For Mental Health. We encourage you as families to discuss mental health just as you would discuss physical health. Find some new ways of coping with your everyday stressors as a family and have fun!

Mrs. Robinson, Student Support Worker



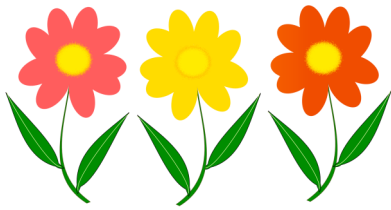
Yearbooks are now up for purchase at <https://ybpay.lifetouch.ca/> for \$20 each
ID: 14378624
DUE: May 13, 2024
Will be distributed the last week of school in June.

Council Corner

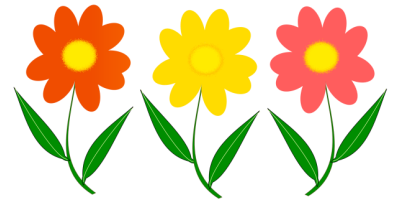
School Council offers an opportunity for parents to get involved in your child's education by volunteering in a school-wide activity or helping out in the classroom. Your involvement will help to ensure the best possible school experience for your child(ren). Meetings are held on the third Tuesday of every month. The next meeting will be held on **Tuesday, May 21st at 6:30pm in the NS Community Room.**



Please feel free to join as all are welcome! We also have a new Facebook page! Follow us on FB @Nicholas Sheran Parent Council
Thank you to everyone that donated towards the Dance-A-Thon FUNdraiser!
Parent Council was able to raise over \$6000 to go towards student activities and resources.



may 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Grade 2 Swimming @1:30pm	2 Dance-A-Thon 	3 T/Th Kinder Grade 5 Middle School Visits	4
5  RED DRESS DAY	6	7	8 Grade 2 Swimming @1:30pm Hats On! For Mental Health 	9 Erickson Swimming @1:30pm	10 AM & M/W Kinder	11 City Wide Handbell Concert @7pm 
12 	13 Yearbook Orders Due Grade 1 Field Trip	14	15 Grade 2 Swimming @1:30pm Jersey Day 	16 Gotgilf Swimming @1:30pm Moose Hide Campaign Day 	17 T/Th Kinder	18
19	20 No School Victoria Day	21 No School Staff PL	22 Firth Swimming @2pm	23	24 AM & M/W Kinder	25
26	27 Wood Swimming @1:30pm	28	29	30	31	

Apistsisskitsaato'si

MAY 2024

translates to 'blossom month' the month where we begin to see buds and blossoms on bushes and trees. The Niitsitapi in this area would moving out of their wintering grounds and moving towards the hills once they see the buffalo bean and crocus flowers. The blossoming would indicate where the people needed to be at certain times.

-Annette Bruised Head

Save the Date

May 5th Red Dress Day

May 10th Jordan's Principle: Bear Witness Day

May 12th Mother's Day (Mom: na'a Sounds like: na ahh)

May 16th Moose Hide Day

May 20th Victoria Day- No School

May 21st Indigenous Graduation Ceremony

May 30th Middle & High School Indigenous Honour Night



City Wide Handbell Concert

School and Community Choirs

Saturday, May 11 at 7 pm
Lethbridge Stake Centre,
2410 - 28 Street S.
(beside Enmax Centre)



All are welcome - free admission


NICHOLAS SHERAN ELEMENTARY PRESENTS



TALENT SHOW 2024

**ALL
GRADES**

Get ready
to unleash
your talent!



Show off your amazing talents!
Whether you have a performance
for the stage, or an artistic ability
to display, we want to celebrate
you!

Don't miss the chance to be part
of this dazzling showcase of
creativity and skill!

Forms in office - Return by May

10

ART DUE MAY 24

PERFORMANCE
JUNE 14 @ 9:30

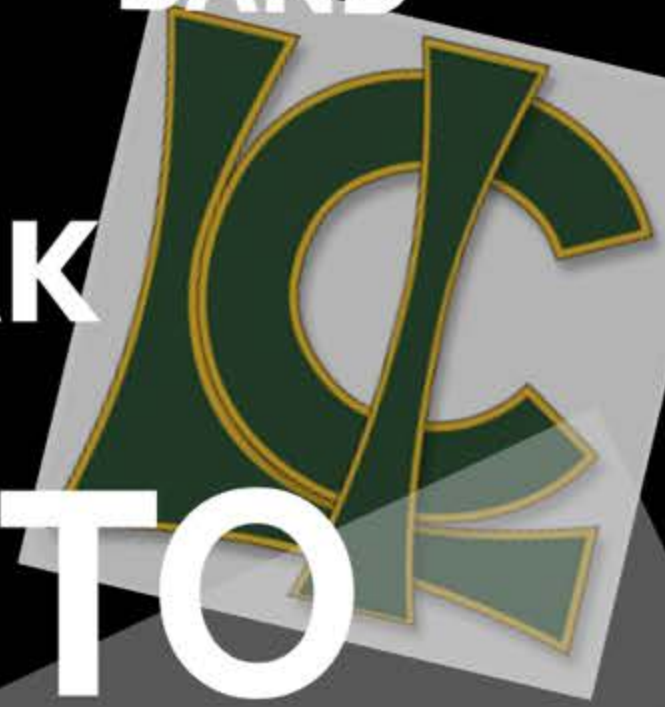


**LCI GOLD JAZZ
BAND**



SPONSORED BY

TREVOR PANCZAK



CONCERT TO FIGHT CANCER

FREE - Donations welcome

MAY 3rd 7:30pm

door 7pm

@

Southminster

United Church

THE CODY HALL BAND

All Proceeds Raised will go to Cancer

Research



COMMUNITY CLOTHING GIVEAWAY

VOLUNTEER TO HELP

PLEASE SIGN UP AT WWW.JUSTSERVE.ORG

ANY QUESTIONS:

EMAIL: COMMUNITYCLOTHINGGIVEAWAY@GMAIL.COM



DONATIONS OF GENTLY USED CLOTHING ACCEPTED. (NO STAINS, RIPS, OR TEARS)
BRING CLEAN ITEMS BAGGED AND LABELED SORTED BY SIZES

CLOTHING DROP OFF TIMES

WEDNESDAY MAY 1ST 6-8 PM

THURSDAY MAY 2ND 10-2 PM

CLOTHING GIVEAWAY DAYS

FRIDAY MAY 3RD 4-7 PM

SATURDAY MAY 4TH 9-1 PM

LOCATION: THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
2420-28TH ST. S (EAST OF ENMAX ON SCENIC DRIVE)



DONATIONS & SPONSORS WELCOME!

COME SHOW YOUR SUPPORT

SUPERHERO WALK

for Autism Awareness

MAY 4, 2024 ~ 2:00PM - 5:00PM

@ HENDERSON LAKE - HORSESHOE AREA

FREE BBQ TO FOLLOW!



CHS Interact Fundraiser MOVIE NIGHT

FRIDAY, MAY 3RD

MATINEE- 3:30PM
(SPIDER-MAN: INTO THE SPIDER VERSE)

EVENING- 7:00PM
(BACK TO THE FUTURE)



OPEN TO ALL



COMMUNITY MEMBERS!



Entry by donation
(minimum of \$2, all donations go to Blankets of Hope)

\$2
POPCORN

AT THE CHINOOK HIGH SCHOOL MEDIA CENTRE!

UNDER THE LIGHTS SPORTS & ENTERTAINMENT PRESENTS

BATTLE OF THE BADGES



TICKET ONLY

\$15

OR 4 FOR \$50

SATURDAY

25
MAY

CHARITY SOFTBALL GAME



**LETHBRIDGE
POLICE SERVICE**



**LETHBRIDGE FIRE AND
EMERGENCY SERVICES**



SPITZ STADIUM

LETHBRIDGE, ALBERTA

GATES OPEN AT 5 P.M.

7:05 FIRST PITCH

PATIO
TABLE OF 4
\$100

PROCEEDS BENEFIT POLICE AND FIRE CHARITIES

GO TO tickets.bullsbaseball.com
OR CALL (403)320-2025 FOR TICKETS

The Southern Alberta Multisport Society



[Register Here](#)
Scan with phone camera

Presents



varying distances based on age
swim bike run event

DATE:
SATURDAY
June 15th

START TIME: 8am

Swim: Maxbell Pool
Bike: University of Leth
Run: University of Leth

ENTRY FEES
5-19yr ~ \$35
Teams ~ \$58

School Challenges
Most competitors
Fastest 3 person team
Fastest top 10 (all ages)

WWW.SAMULTISPORT.ORG
info@samultisport.org



LCI XCOUNTRY PRESENTS:
DONUT DASH



**PRIZES!
ACCESSORIES!
DONUTS!**



**3K Run/Walk with 2
Donut Stations!**

**WEDNESDAY, MAY 22, 2024
KINSMEN PICNIC SHELTER
HENDERSON LAKE PARK**



REGISTER NOW!



THANK YOU TO OUR SPONSORS!

