

Nicholas Sheran News



Principal's Message

Our school year continues to move forward, and we are grateful that you are part of it! Each week seems busy and exciting, and there are so many great things to come. Please read through this newsletter to learn about the great things taking place at our school and in our community. Mrs. Miklos spends a great deal of time updating newsletters, calendars, the website, and of course our Facebook page, so we hope you can always find the information you are looking for.

Although February is a short month, there is a lot happening in our school. Please take full advantage of all the exciting things taking place in our school and share those experiences with your children. The dinner table is the classic location for questions such as "What did you do at school today?" but I do think that this type of sharing is a great way to learn about what is taking place in the classroom and around the school. We hope to see you at our Family Literacy Night on Thursday, February 13 from 6:00pm-7:00pm, where we will spend time together as a learning community.

Being new to our community can present with challenges and opportunities. If you're new to Canada, or learning a new language, or adjusting to new cultural norms, these challenges and opportunities can be heightened. Did you know that our school division publishes a multicultural and diversity newsletter each month? We post these newsletters to our school website, which you can find a link to below. We also have an Indigenous Education Newsletter that is regularly published as well.

[Division Multi-Cultural and Diversity Newsletter | Nicholas Sheran Elementary School](#)

[Division Indigenous Education Newsletter | Nicholas Sheran Elementary School](#)

Reach out anytime with questions and suggestions.

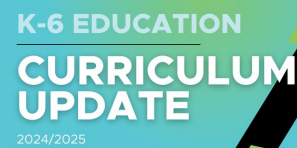
Take care,

Aaron Fitchett, Principal



FOLLOW US ON
FACEBOOK!

@ [NICHOLAS
SHERAN
ELEMENTARY
SCHOOL](#)



Our school has been implementing new curriculum as it is shared by the Alberta Government. Kindergarten to Grade 2 documents were presented in the January newsletter. Please take a look at the At-A-Glance documents (pages 6-10 of this newsletter) that were specifically created for parents regarding the Grade 3, 4 & 5 curriculums! We will be discussing new curriculum and the new elementary report cards as School Council meetings continue this school year.

February Wellness....

Pink Shirt Day occurs on Wednesday February 26th. The theme this year is Let Kindness Grow.

Together, we can continue to cultivate a community of kindness. Parents, staff members and students can come together to nurture a sense of belonging where we live, work, go to school and online. One simple act of kindness can spread to many acts which benefit so many people. It doesn't need to be complicated or difficult – a kind word, giving your time to listen to others, a smile are all ways to be kind. Please wear some pink on February 26th to add to our sea of pink!

~Jennifer Robinson, Student Support Worker



Candygram Sales

Parent Council will be selling candygrams Monday, Feb 3 to Friday, Feb 7 for \$2 each. The candygrams will then be distributed at the end of the day on Thursday, February 13th. Students will be encouraged to purchase them for their friends and for other students that may not receive any. The candygrams will be halal and offered to all students in EEP through Grade 5 - sold every morning this week and Wednesday afternoon for the PM classes. They will also be for sale before the Assembly on Wednesday afternoon.



The Nicholas Sheran Spring Book Fair will be held from Monday, February 10 to Friday, February 14, 2025 (Monday-Wednesday from 9am-4:30pm, Thursday from 9am-7pm, and Friday from 9am-1pm.

If you are able to volunteer, please email Mrs. Woods at daja.woods@lethsd.ab.ca

Council Corner

School Council offers an opportunity for parents to get involved in your child's education by volunteering in a school-wide activity or helping out in the classroom. Your involvement will help to ensure the best possible school experience for your child(ren).

Meetings are held on the third Tuesday of every month. The next meeting will be held on **Tuesday, February 18th at 6:30pm.** Please feel free to join as all parents and guardians are welcome!

We also have a Facebook page! Follow us on FB @ Nicholas Sheran Parent Council



2025/26 School Year Registration

Kindergarten (child must be 5 years old on, or before, Dec. 31, 2025) to Grade 5 Registrations are now hosted on SchoolEngage. To register your student, please click the link below then choose 'create a new account'. Once an account has been created, choose to add a new student and complete the form.

<https://lethsd.schoolengage.ca/#/login>

For more information on how to use the SchoolEngage platform, please check out the SchoolEngage Parent User Guide here: <https://www.lethsd.ab.ca/download/439797>

To help select the appropriate school for registration, please use this link to use the Lethbridge School Division School Locator Tool: <https://mybaragar.com/index.cfm?event=page.SchoolLocatorPublic&DistrictCode=AB51>

Please register in a timely manner as our staffing depends on student registration numbers. For the 2025/2026 school year only, registration for Grade 1 to Grade 5 students attending Coalbanks Elementary School, Mike Mountain Horse Elementary School, Nicolas Sheran Elementary School and West Coulee Station Elementary School will occur during an earlier registration period beginning on Jan. 20, 2025.

West Coulee Station Elementary School is scheduled to open in September 2025, which will result in new westside school boundaries. These changes will affect the boundaries for Coalbanks, Nicolas Sheran, and Mike Mountain Horse Elementary Schools, while Dr. Probe Elementary School's boundaries will remain unchanged.

The registration process for these four westside schools will begin on Jan. 20, 2025, allowing the Division to better understand enrollment numbers in Grades 1 to 5 and plan staffing more effectively.

Registration for Grade 1 to Grade 5 students in all other schools across the Division will begin on March 3, 2025.

PROJECT FAIR 2025

What: Canadian Heritage or Science Project Showcase

Where: Nicholas Sheran School Gymnasium

When: March 25th, 2025

Who: Anyone from Kindergarten to Grade 5 can join

Why: Do you often have many unanswered questions? Choose one question to study and research or test a theory and showcase your findings. The question could be about a Canadian topic or a scientific inquiry. You will receive wonderful feedback from helpful judges and may be eligible to enter the regional competition to see other amazing entries and even win prizes. So, start brainstorming and let's have fun! Permission Forms are in the Office and are DUE back to the school by Friday, February 14th.





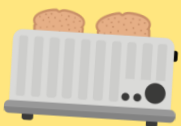
NS Breakfast Program

Our school is the recipient of important funding for a school nutrition program. This funding, along with the support of families, community agencies and partnerships, allows us to run a breakfast program, snack program, and supplemental lunch program.




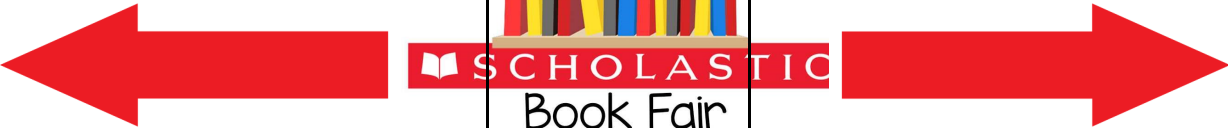


Our breakfast program will operate five days/week and students will be able to choose from a variety of prepared and ready to serve items. Our goal is to provide a low-barrier, and high-access nutritious start to our students' academic day! Any student may access breakfast or other food as needed throughout the day, and our thanks are extended to the Alberta School Nutrition grant alongside individual donations and community partners.

If you have any questions, please reach out!

We are always accepting donations
(nut free food products or cash/cheque/online donations).



FEBRUARY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 *Gr 4 Handbells *Candygrams For Sale	4 *Jr Choir *AM Kinder Skating @9:15 *Candygrams For Sale *Gr 5 Basketball @NS *Town Hall @5:30	5 *Gr 5 Handbells *Candygrams For Sale *Values Assembly @1:30 *PM Kinder Skating @2:00 	6 *Sr Choir *Candygrams For Sale *Gr 5 Basketball @Dr. Plaxton	7 *AM Kinder *Candygrams For Sale	8
9	10 *Gr 4 Handbells *Gr 5 Skating @1:15	11 *Jr Choir *Gr 5 Basketball @NS	12 *Gr 5 Handbells 	13 *Sr Choir *Candygram Distribution *Gr 5 Basketball @Coalbanks *Family Literacy Night from 6-7pm	14 *PM Kinder 	15
						
16	17 No School Family Day	18 No School	19 No School	20 No School Teacher's Convention	21 No School Teacher's Convention	22
23	24 *Gr 4 Handbells	25 *Jr Choir *Gr 5 Basketball @Dr. Probe	26 *Gr 5 Handbells *Pink Shirt Day 	27 *Sr Choir *Gr 5 Basketball @NS	28 *AM Kinder *Gr 5 Basketball Bonanza @Coalbanks from 1-5pm 	



Introduction

The Grade 3 classroom is a busy, exciting place. In Grade 3, all students take the following required subjects: art, English language arts and literature, mathematics, music, physical education and wellness, science, and social studies. Students in Francophone schools or French immersion programs take a mandatory French language course.

Art

I can make it look even better! Your child will focus on improving the things they make and on making their art look more realistic. They will look closely at the qualities of objects to make their work as good as possible. Your child will also use art to express feelings and ideas.

English Language Arts and Literature

How can I make my writing more interesting? Finding inspiration around them, your child will make their stories more interesting and share ideas with expression. For instance, “A spotted cow walked through the deep grass.” Words become more colourful than ever!

Mathematics

I'm learning how to multiply and divide. Your child will round numbers and use place value to determine the value of digits. They will solve problems, using multiplication and division, and will learn to compare fractions, write and model equations, and tell time.

Music

Feel the beat! In Grade 3, students listen to different kinds of musical instruments and recognize that sounds are made in different ways. Through movement, dance, and singing, your child will explore various kinds of music and discover different beats and dynamics of music.

Physical Education and Wellness

It's fun to discover new ways to keep myself healthy! Your

child will become more confident about saying no to bullies and taking a stand in making safe and healthy choices. They will grow to appreciate the importance of physical activity, while discovering essential life skills, such as cooperation, leadership, fair play, and teamwork.

Science

I'm digging into Earth's surface! In Grade 3 Science, your child will develop their abilities by seeking answers to questions and solving problems. They will learn about soil, forces, and solids, liquids, and gases.

Social Studies

For the 2024–2025 school year, the draft Kindergarten to Grade 6 social studies curriculum will be optionally piloted in classrooms. To find out if your child will be in a piloting classroom, contact your child's school. For more information about the new curriculum, visit [K to 6 curriculum renewal](#).

Optional Subjects

At the elementary school level, programming may include one or more optional subjects. Some schools may offer additional optional subjects not listed below.

- Drama
- First Nations Languages
- International Languages
- Locally Developed Courses

How Your Child Is Assessed

Your child's learning is assessed using a variety of tools and strategies within the classroom. Ask your child's teacher what methods they are using. The different assessment methods tell you and your child's teacher about your child's strengths, areas in which your child requires support, and how well your child is doing throughout each course. Your child's teacher can then change or refine their teaching plans to ensure that learning activities better meet the needs of your child. At the end of each course, your child is assessed and their achievement is reported so that you



know if they have achieved the expected learning outcomes for their grade.

Students in Grade 3 will complete provincial literacy and numeracy screening assessments. These assessments provide important information about how students are learning and what they need help with. The assessments make sure that students who are struggling get the help they need sooner. For more information about literacy and numeracy screening assessments, view the [Parent/Guardian Question and Answer Sheet](#).

Resources to Help Your Child

A variety of digital and print resources developed by publishers, Alberta Education, or Alberta teachers are available to help students learn. Teachers may select and bring into the classroom numerous innovative and creative resources to create rich learning experiences for your child.

In September 2024, students across Alberta will learn from finalized curriculum in

- K–6 Français langue première et littérature
- K–6 French immersion language arts and literature
- K–6 science
- K–6 English language arts and literature
- K–6 mathematics
- K–6 physical education and wellness

To learn more about the resources your child may encounter in these finalized subjects, visit [Explore Resources](#). To view resources for all other subjects, visit [LearnAlberta.ca](#).

Where can I get more information?

Learn more about your child's education by visiting <https://curriculum.learnalberta.ca/parents/>.



Introduction

It's fun to explore Grade 4! In Grade 4, all students take the following required subjects: art, English language arts and literature, mathematics, music, physical education and wellness, science, and social studies. Students in Francophone schools or French immersion programs take a mandatory French language course.

Art

Doesn't it look real? In Grade 4 Art, your child will develop more realistic treatments and refine forms. They will think about the visual qualities of objects, distinguish natural objects, and improve their work as much as possible. Your child will also use art to express their feelings and ideas.

English Language Arts and Literature

My friends think differently than I do! Your child will explore, discuss, and interpret other opinions. They will pay attention to features and elements in texts and notice different ways that dialogue can add to stories. Your child will express their ideas logically and in ways that entertain. They will learn that brainstorming in a group can be more fun than working alone.

Mathematics

I'm learning about fractions and decimals. Your child will add and subtract decimal numbers and relate fractions, decimals, and percentages. They will learn to use the order of operations, classify angles, and compare graphical representations of data.

Music

I can create musical harmony! Your child will experiment with tuned instruments and combine sounds to make harmony. They will identify chords, group beats into fours, and group instruments into families. They'll sing quickly and slowly, and happily and sadly, understanding that music changes.

Physical Education and Wellness

I feel great when I help others! Your child will learn more about supporting others, showing respect, and being a good role model. They will learn that they can deal with bullies and set good goals for themselves. They will grow to appreciate the importance of physical activity while discovering essential life skills, such as cooperation, leadership, fair play, and teamwork.

Science

I am collecting data and drawing conclusions! Grade 4 Science will enhance your child's ability to interpret evidence. Your child will deepen their understanding of the universe and explore interconnections between Earth's systems.

Social Studies

For the 2024–2025 school year, the draft Kindergarten to Grade 6 social studies curriculum will be optionally piloted in classrooms. To find out if your child will be in a piloting classroom, contact your child's school. For more information about the new curriculum, visit [K to 6 curriculum renewal](#).

Optional Subjects

At the elementary school level, programming may include one or more optional subjects. Some schools may offer additional optional subjects not listed below.

- Drama
- First Nations Languages
- French as a Second Language
- International Languages
- Locally Developed Courses

How Your Child Is Assessed

Your child's learning is assessed using a variety of tools and strategies within the classroom. Ask your child's teacher what methods they are using. The different assessment methods tell you and your child's teacher about your child's strengths, areas in which your child requires support, and



how well your child is doing throughout each course. Your child's teacher can then change or refine their teaching plans to ensure that learning activities better meet the needs of your child. At the end of each course, your child is assessed and their achievement is reported so that you know if they have achieved the expected learning outcomes for their grade.

Resources to Help Your Child

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- K–6 French immersion language arts and literature
- K–6 science
- K–6 English language arts and literature
- K–6 mathematics
- K–6 physical education and wellness

To learn more about the resources your child may encounter in these finalized subjects, visit [Explore Resources](#). To view resources for all other subjects, visit [LearnAlberta.ca](#).

Where can I get more information?

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Introduction

What can I learn from others who see things differently? In Grade 5, all students take the following required subjects: art, English language arts and literature, mathematics, music, physical education and wellness, science, and social studies. Students in Francophone schools or French immersion programs take a mandatory French language course.

Art

What is “good” design? In Grade 5 Art, your child will examine the individual character of objects and forms and begin to judge whether designed objects meet certain standards. They will play with shapes, changing them using abstraction and distortion, and work on using a minimum of material and effort in their art.

English Language Arts and Literature

I can set my own goals to improve my language skills! I can choose pictures, print, and other ways to share my experiences. Your child will use many methods to create, organize, and publish information. They will listen to others carefully to collaborate.

Mathematics

I’m using mathematics to solve problems. Your child will convert between improper fractions and mixed numbers. They will determine divisibility tests, represent the frequency of data, and begin to work with ratios, tables of values, and the coordinate grid.

Music

Sing, sing a song, make it simple, to last your whole life long! Grade 5 students understand that rhythm, melody, and chords are related. Your child will create rhythms and match the names, sounds, and pictures of instruments. When they sing, they’ll work on singing with a good tone and with expression.

Physical Education and Wellness

I’m getting better at listening to others! Your child will understand that it is important to appreciate others around them. They will also discover ways to deal with their stress, manage their time, and stay physically healthy. They will grow to appreciate the importance of physical activity while discovering essential life skills, such as cooperation, leadership, fair play, and teamwork.

Science

I am learning about climate, weather, and agriculture! In Grade 5 Science, your child will deepen their understanding of climate zones. They will explore energy resources, apply the design process, and learn about the particle model of matter.

Social Studies

For the 2024–2025 school year, the draft Kindergarten to Grade 6 social studies curriculum will be optionally piloted in classrooms. To find out if your child will be in a piloting classroom, contact your child’s school. For more information about the new curriculum, visit [K to 6 curriculum renewal](#).

Optional Subjects

At the elementary school level, programming may include one or more optional subjects. Some schools may offer additional optional subjects not listed below.

- Career and Technology Foundations
- Drama
- First Nations Languages
- French as a Second Language
- International Languages
- Locally Developed Courses

How Your Child Is Assessed

Your child’s learning is assessed using a variety of tools and strategies within the classroom. Ask your child’s teacher what methods they are using. The different assessment methods tell you and your child’s teacher about your child’s



strengths, areas in which your child requires support, and how well your child is doing throughout each course. Your child's teacher can then change or refine their teaching plans to ensure that learning activities better meet the needs of your child. At the end of each course, your child is assessed and their achievement is reported so that you know if they have achieved the expected learning outcomes for their grade.

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- K–6 French immersion language arts and literature
- K–6 science
- K–6 English language arts and literature
- K–6 mathematics
- K–6 physical education and wellness

To learn more about the resources your child may encounter in these finalized subjects, visit [Explore Resources](#). To view resources for all other subjects, visit [LearnAlberta.ca](#).

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KITSIKAKOMIMM



I LOVE YOU

2025

In honour of **Pink Shirt Day** the Lethbridge School Division Indigenous Education team and Mental Health Capacity Building team would like to invite you to take part in an act of kindness this February. Our entire community thrives when we are kind to one another. No matter how small an act, our kindness makes a difference and does not go unnoticed. **We are asking all elementary schools to participate in collecting**

♥ Bottled Water

♥ Non perishable food items

All donations will be collected and distributed to community agencies around Lethbridge that work with and support people in our community.

Collection ends February 26th, 2025

Collection Info:

Each school will be provided with a basket for donations. Once full please reach out to Melanie Morrow to arrange pick up.



Thank you for your kind donations,
Kitsikakomimm

BLACKFOOT WORDS

Love

Kitsikakomimm (git-si-ga-go-mimm)

Be brave

iiyikitapiiyi (ii-ga-gee-mat)

Hope

itotsiihtaa (e-dots-sih-da)

Happy

i'taam (e-dahm)

Beautiful

niitsi (nit-seew)

Show kindness

ikimm (ik-imm)

Work Hard

iika'kimaat (ig-ga-gee-mat)

Feel grateful/be appreciative

iniiyi'taki (inii-yi-daki)

REGISTER FOR SOFTBALL!

REGISTER AT:

www.lethbridgeminorsoftball.com

REGISTRATION RUNS JAN - MAR

Lethbridge Minor Softballs goal is to grow the sport of softball while providing a great experience for kids.

We also offer a competitive provincial team for players interested in challenging themselves further.

We believe you are never too old to play and regardless of experience we welcome you to come out and learn the sport of softball that provides fun with physical activity!



2025 OUTDOOR RECREATIONAL SOCCER REGISTRATION INFORMATION

www.lethbridgesoccer.com - 403-320-5425 (KICK)

ONLINE ONLY:

Saturday February 1st - Sunday March 23rd

all registration must be done online REGISTER YOUR PLAYER BY THEIR BIRTH YEAR

**payments must be made online using RAMP*



IF YOU ARE USING KIDSPORT OR JUMPSTART

YOU MUST REGISTER YOUR PLAYER AND PAY ONLINE WWW.LETHBRIDGESOCCER.COM BEFORE APPLYING FOR FUNDING THROUGH JUMPSTART, KIDSPORT OR CITY OF LETHBRIDGE FAP

REGISTER:

www.lethbridgesoccer.com

Request Fee covers 2 PLAYERS ONLY - \$40.00 - Payable at office or over the phone -Player requests MUST be sent by email to kristy@lethbridgesoccer.com

Age Group	Birthyear	Fee	# of sessions	***Days Playing***	***Fields***	***Times will alternate***
U4 - CoEd/ Parent & Tot	2021	\$150.00	10 (30 min sessions)	Monday	Servus Sports Centre Indoor Field	5:00pm &/ or 5:45pm
U5 - CoEd	2020	\$150.00	10 (45 min sessions)	Monday	Outdoor Servus Sports Centre Field	5:00pm &/ or 6:00pm
U6 - CoEd	2019	\$150.00	10 (45 min sessions)	Wednesday	Outdoor Servus Sports Centre Field	5:00 &/ or 6:00pm
U8 Boys	2017 & 2018	\$225.00	18 (55 min sessions)	Monday & Wednesday	College Field	5:00pm & or 6:00pm &/or 7:00pm
U8/ U10 Girls	2015, 2016, 2017, & 2018	\$225.00	18 (55 min sessions)	Monday & Wednesday	College Field	6:00pm
U10 Boys	2015 & 2016	\$225.00	18 (1 hr sessions)	Tuesday & Thursday	College Field	5:00pm & or 6:00pm &/or 7:00pm
U12 Boys	2013 & 2014	\$225.00	18 (1hr sessions)	Monday & Wednesday	St. Teresa School (North)	5:00pm &/ or 7:00pm
U12/ U14 Girls	2011, 2012, 2013 & 2014	\$225.00	18 (1hr sessions)	Monday & Wednesday	St. Teresa School (North)	6:00pm
U14 Boys	2011 & 2012	\$225.00	18 (1 hr sessions)	Tuesday & Thursday	Gilbert Paterson School (South)	5:00pm & or 6:00pm &/or 7:00pm
U16 CoEd	2009 & 2010	\$225.00	18 (1 hr 10 min sessions)	Monday & Wednesday	Winston Churchill School (North)	6pm & 7:30pm
U18 - CoEd	2007 & 2008	\$225.00	18 (1 hr 20 minute sessions)	Tuesday & Thursday	Atso Towaawa Park (West)	6pm & 7:30pm

***** START TIMES CANNOT BE REQUESTED AS TIMES WILL ROTATE THROUGHOUT THE SEASON *****

Sessions will be scheduled during the Victoria Day long weekend (Monday evening)

****SEASON STARTS MONDAY APRIL 28 and be complete SATURDAY JUNE 28, 2025****

Jersey kits included in Registration price- Jersey, shorts and socks

U4-U6 Timbits: An introduction to soccer. All sessions ran by LSA Staff Coaches, with activities based around players exploring the soccer ball and getting comfortable with an invasion sport. Some small sided scrimmages may be played, but this environment is purely about the players gaining their first touches of a soccer ball.

U8-U10 Fundamental: Individual development is paramount by building a love of the ball. Sessions will challenge players creative side as well introduce them to skills needed in the game such as dribbling, passing and shooting. Scrimmages will be played, but no scores will be kept, and all players will be asked to experience all positions of a soccer match (goalkeeper, defender, midfielder, striker).

U12-U14 Learning The Game: This age is classed as 'The Golden Age Of Learning' where skills learnt in the earlier stages are now enhanced as well as an introduction to the tactical side of the game. Scrimmages will be played and although scores will be kept during the game, coaches and players are asked to keep games meaningful, competitive and to avoid blowouts at all costs. There will be no league standings.

U16-U18 Excel In The Game: Utilizing the technical understanding and tactical skills learnt in the previous three phases to excel in the game. Like the previous 'Learning the Game' phase, coaches are asked to avoid blowouts and keep games competitive throughout.





In person ADHD parent group

An educational group offering introductory information on ADHD to parents and caregivers. Participants are asked to register in advance for the five sessions covering:

- What is ADHD and how to talk to you child/teen about it
- How medication, nutrition, exercise, and sleep impact ADHD
- How ADHD impacts self-regulation and the importance of co-regulation
- Tools for parenting a child/teen with ADHD
- Navigating school systems and community services

Tuesdays from 6 to 7:30 p.m., February 25 to March 25, 2025.

Recovery Alberta Child, Youth and Family Addiction and Mental Health Clinic, Melcor Centre (Suite 120A 200 - 4 Ave. S.).

**To register, call Access Addiction & Mental Health
1-888-594-0211**

Has your child had their annual eye exam? It's important to do before they start school!

Eye See...Eye Learn™

is a program that provides kindergarten-aged students with a comprehensive eye exam from an optometrist. There is Alberta Health coverage towards your child's eye exams up to age 19. **If required, kindergarten-aged students also receive a free pair of eyeglasses.**



How kindergarten-aged students participate

Step 1 Parents can find a participating optometrist at optometrists.ab.ca. Click on Find an Optometrist and **Eye See...Eye Learn™**, then enter your postal code to find a doctor close to you. **Call and book an appointment.**

Step 2 See your optometrist for the eye exam. Have your health card ready. There is **Alberta Health coverage towards your child's eye exams up to age 19.**

Step 3 If required, kindergarten-aged students will **receive a free pair of eyeglasses.** Ask to see the frame selection available. The optometrist will order your glasses for you.

***Free glasses are covered by a one year manufacturer's warranty.**

Who can participate?

Eye See...Eye Learn™ is available to all **kindergarten-aged students** in Alberta. It's important to address eye health and vision problems before children begin school.

Children are eligible from August until they begin grade one.



Eye exam coverage

There is Alberta Health coverage towards your child's eye exams up to age 19. It's a painless, non-invasive process that could change their lives!



Did you know?

- 80% of learning is visual.
- 1 in 4 school-aged children has a vision problem.
- An eye exam detects health problems such as crossed eyes or lazy eye.
- Children with vision problems are often misdiagnosed as having learning or behavioural disabilities.
- The earlier an eye health or visual problem is identified, the more likely it can be corrected.
- Children often don't know they have a vision problem, as they believe what they are seeing is normal.
- It is not uncommon for parents to believe they would know if their child has a vision problem, because these issues can be hard to spot particularly if there is a problem in only one of the eyes.

What is an optometrist?

Your optometrist (doctor of optometry) is a primary source for all your vision, eye health and eyewear needs. They have the knowledge, tools and equipment necessary to diagnose, treat, prescribe medications or refer to a specialist, if needed.

How well can your child see?



Eye See...™
Eye Learn!

You can't see the world through your child's eyes, but your optometrist can. During your child's eye exam, your optometrist will assess:

- Visual acuity (how well they can see)
- Lazy eye, crossed eyes
- Nearsightedness, farsightedness, astigmatism
- Colour vision
- Eye coordination, tracking and depth perception
- Eye health



For more information about **Eye See...Eye Learn™**



contact the Alberta Association of Optometrists at 1-800-272-8843 or visit optometrists.ab.ca/esel

Alberta Association of Optometrists 

Eyewear Partners:



The Alberta Association of Optometrists gratefully acknowledges funding support from the Government of Alberta.

